Step out during your stay

We welcome
We activate

edgbastonparkhotel.com

Swim and gym

Hotel guests can enjoy a free dip and work out at the University's Sport & Fitness club, just a short stroll away:

- 50 metre swimming pool
- 200+ station gym
- Ten-metre climbing wall*
- Over 150 classes a week*

Simply ask at the hotel's reception for your complimentary day pass. You're welcome to borrow a towel, but please remember to return it.

*Available at an additional charge.

Sport & Fitness opening hours:

- **Monday - Friday:** 6am - 10.30pm
- **Saturday, Sunday and Bank Holidays**: 7am - 8pm

Last entry is 20 minutes before closing time. Locker facilities are available for a £5 refundable hire fee (card payments only).

The swimming pool has an adult:child ratio*:

- **For children aged 2 and under**: 1 adult : 1 child
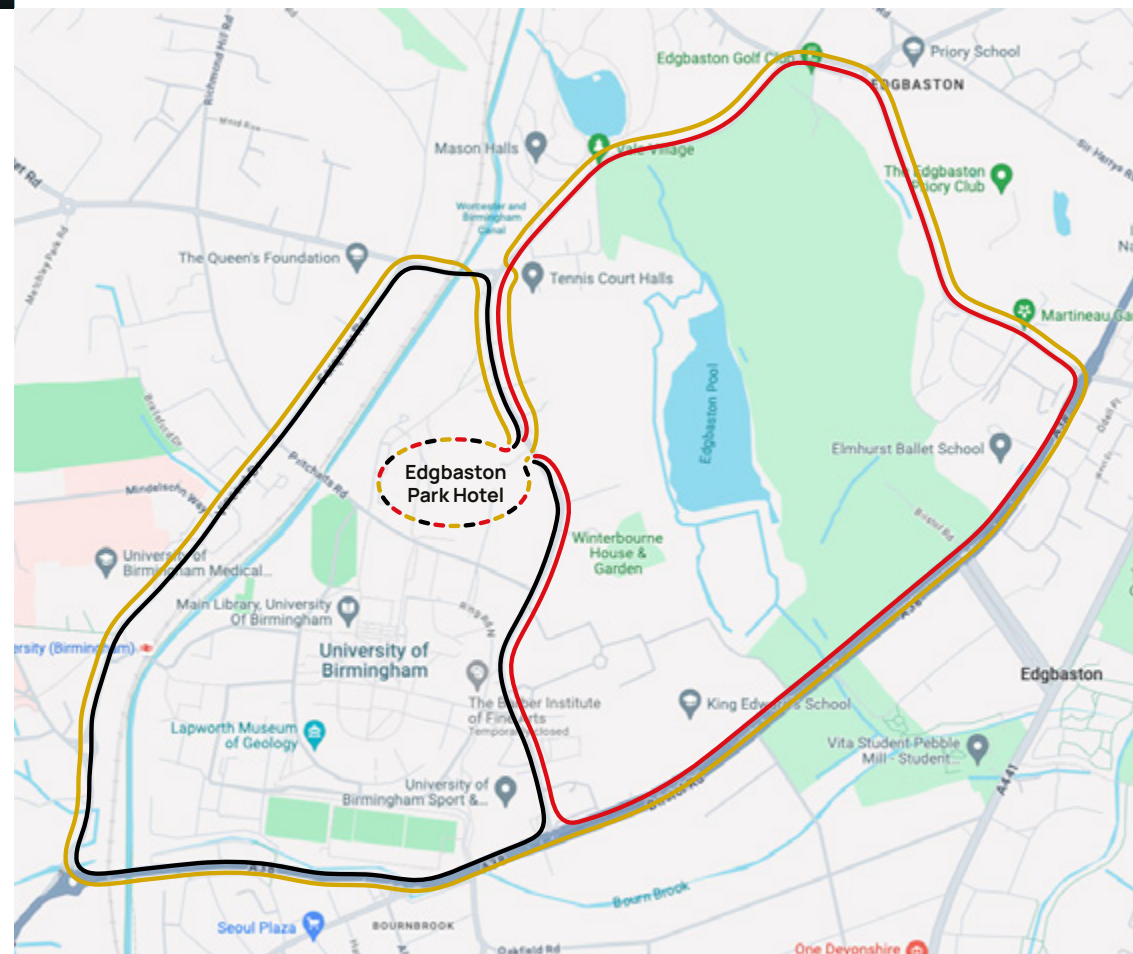- **For children aged 3-13**: 1 adult : 2 children

*The adult must be within reach of the child at all times. Children aged 14 and over may swim unsupervised.

View the swimming pool timetable

Run

Stay fit during your stay, and discover Edgbaston's leafy charms on foot.

| —— Four kilometres | —— Six kilometres | —— Ten kilometres |

Guests are welcome to help themselves to complimentary iced water at the 1900 Bar.

Explore

If you're looking for some gentle exercise, there are some beautiful parts of campus to explore, right on our doorstep:

Take a stroll in the botanic garden at Winterbourne House
- Across the road from the hotel
- Café and gift shop on site
- Admission fees apply
- **Opening hours**:10.30am-5pm March – October; 10.30am-4pm November - February (**www.winterbourne.org.uk**)

Walk the campus
Taking in the iconic Old Joe clocktower, sculptures, and the leafy Green Heart.

Discover masterpieces
- By Renoir, Monet and Degas at the Barber Institute of Fine Arts – one of Britain's best small art galleries, which is just 200m away
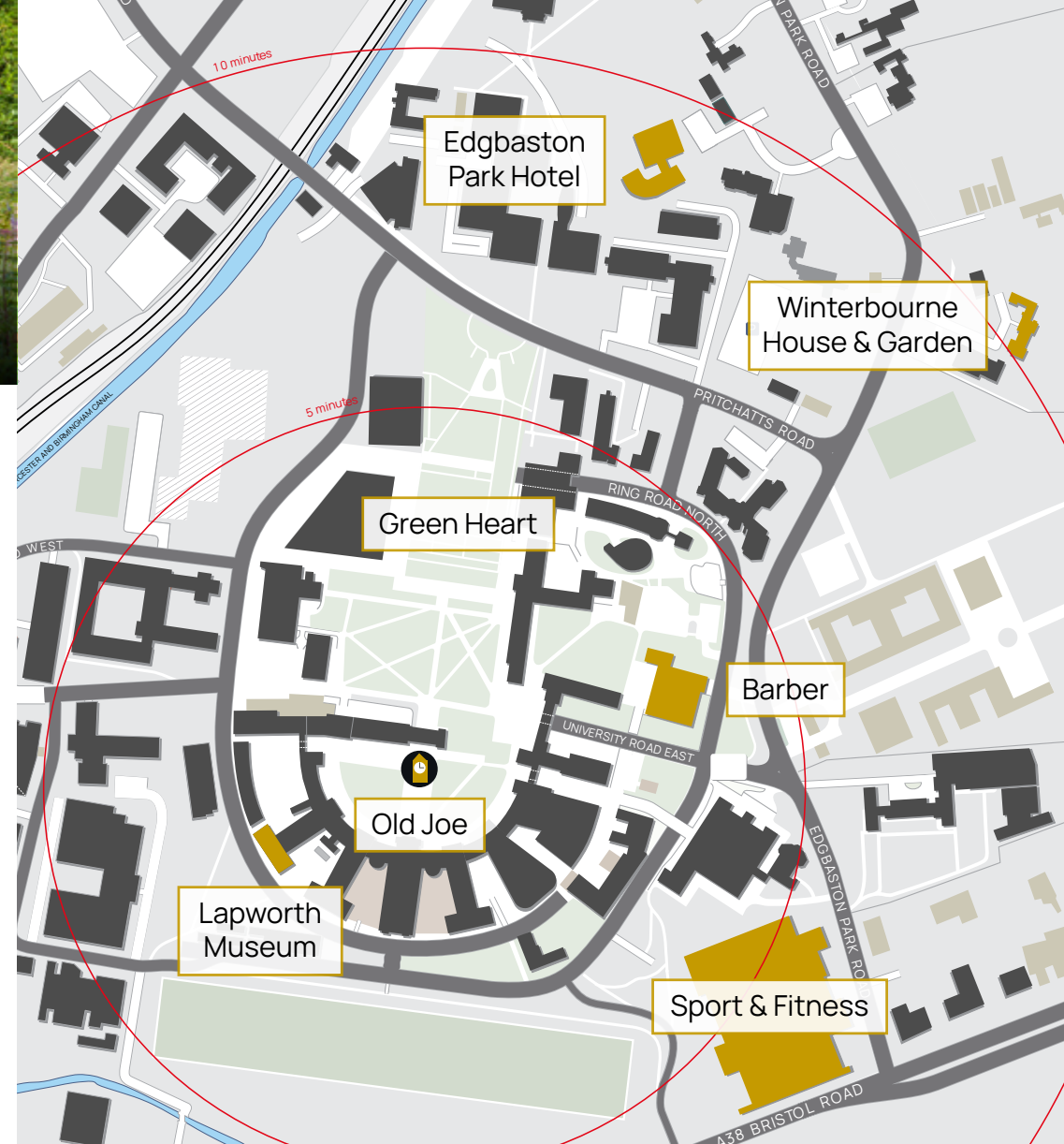- Free admission

(**barber.org.uk**)

Meet Roary
- Lapworth Museum of Geology is home to a remarkable collection of fossils and a life-sized allosaurus nicknamed "Roary"
- Free admission

(**birmingham.ac.uk/lapworth-museum**)

Edgbaston Park Hotel

Winterbourne House & Garden

Green Heart

Barber

Old Joe

Lapworth Museum

Sport & Fitness

Did you know?

We were the first university in the UK to offer a degree in sports, in 1946?

Our world-class running track was used for training during the Commonwealth Games, and by Olympic gold medal champion Mo Farrah.

Our Sport & Fitness club – which opened in 2017 – boasts Birmingham's only 50m pool.

UNIVERSITY OF
BIRMINGHAM

Edgbaston Park Hotel
& Conference Centre

The **best** place to stay in Birmingham

0121 414 8888

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www.edgbastonparkhotel.com

Edgbaston Park Hotel and Conference Centre is part of the University of Birmingham group. University of Birmingham is one of the world's top 100 institutions.